

Career Navigator - Ngā Ara Whetū

Far North 2025

Over 90% of tuakana said Ngā Ara Whetū helped them to...



Be patient with others in the group



Communicate well with others



Do things outside their comfort zone



Feel positive about joining the workforce



Manage their time



Bay of Islands College



12 End of programme Tuakana Surveys



33 End of programme Teina Surveys

82% of tuakana know to help others



82% of tuakana said they made new friends



83% of tuakana said the programme helped them to listen to others' point of views

73% of tuakana said the programme taught them how to stay calm in stressful situations



Two-thirds of tuakana developed skills for the workplace and how to find information about further education or training courses

82% of tuakana said the programme helped them to get to know other students who they normally do not talk to

83% of tuakana said Ngā Ara Whetū helped them be more resilient

83% of tuakana said they can now **work better with other people**



Tuakana said managing a big group of teina and speaking in front of them were the key challenges of Ngā Ara Whetū

Tuakana: Highlights of Ngā Ara Whetū



Connecting and supporting teina



Working in teams



Learning new topics and skills



Doing fun activities

Tuakana's voices: Hear from them yourself!



"Working in groups and with other people like year 8/9s."

"What's enjoyable is helping younger kids with the skills I already know."



"Creating activities that are fun in groups, I learnt many useful skills such as communication, how to work with others on a task."

"I enjoyed learning new communications."



"What I enjoyed the most was the Project assessment and doing group work as it helped me to learn about how others work and what my strengths are contributing to a group."

Over 90% of teina said Ngā Ara Whetū helped them to...



Understand what
their strengths are



Communicate
well with others



Be respectful of
others



Be resilient



Learn new skills



82% of teina said it helped them
feel **more confident** and **to be**
patient with others in the group

76% of teina said it helped
them to **listen to other**
people's point of view



Almost 90%

of teina said they can do things
outside their comfort zone

82% of teina said the
programme helped them to
get to know other students
who they normally do not
talk to

Almost 80% of teina said
Ngā Ara Whetū **taught**
them how to help others



84% of teina said Ngā Ara Whetū helped to be
responsible online

76% of teina said it helped them to
stay calm in stressful situations





84% of teina said Ngā Ara Whetū helped them to **work better with others**



84% of teina said the programme helped them **make new friends**



The teina said they found working with new people and the games challenging

Teina: Highlights of Ngā Ara Whetū



Learning new topics and skills



Working with tuakana



Fun activities and games



Understanding their strengths

Teina's voices: Hear from them yourself!



"I really liked that I got help knowing what I need to improve in and what my strengths are."

"I found the warm ups fun and helpful and improved my skills."



"They helped me understand things that I am strong with."

"I learnt that our seniors are the best at making and taking us out of the class to do other things."



"New games - maths, creative activities in maths. Progress each week- building on confidence."