

Final Report

Stewart Germann Grant

December 2022

Prepared for: Cognition Education Trust

Kia ora Raewyn,

Please find following our final report for our 2022 Stewart Germann Grant - Kidpower Programme Pilot in 10 Auckland Organisations for children, teachers and parents/caregivers in Auckland whose funding precludes them from undertaking this vital learning.

This collaboration has supported a whole-community approach and has enabled:

- Teachers, whānau and children in Schools to develop common language around safety and healthy relationships through and [build a safer and happier learning environment and communities](#)
- Vulnerable tamariki and whānau are supported long-term through the SWiS Workers who are also trained in this common language to [reinforce Kidpower safety skills and support families and whānau to be safer and happier and part of safer communities](#)
- Vulnerable rangatahi with special needs and their supporters opportunities to practise social skills that build healthy, respectful relationships and prevent abuse and sexual violence.

All of the groups that have worked with this funding, are keen to continue to work with us on building their own in-house capacity and capability to embed the programmes into everyday learnings.

Once again, thank you for your support of our organisation and the communities that we work with.

If you need any further information, please let me know.

Kind regards,



Fiona Bryan

Executive Director

fiona@empowermenttrust.nz

Social Workers in Schools (SWiS)

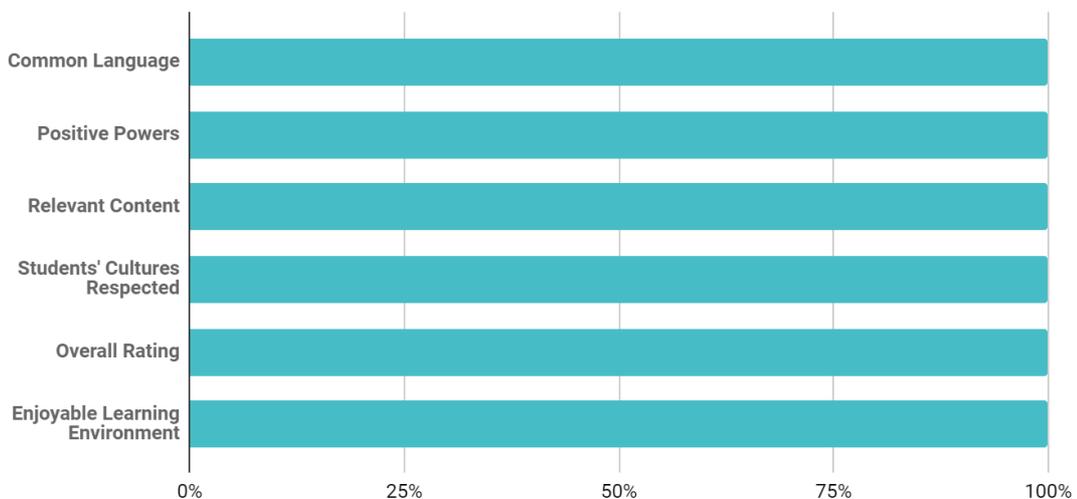
Alongside the Auckland Kidpower Pilot Programme, we continue to work with Social Workers in Schools (SWiS) in South Auckland to support them to embed Kidpower with the schools and tamariki they work with. These SWiS teams work in Primary, Intermediate, Supported Learning and Secondary Schools.

We delivered Professional Learning Development (PLD) to a group of 10 social workers through a 2-hour zoom session and a 4-hour in-person workshop. Our goal was to support the Social Workers to embed our [Kidpower Positive Practice Teaching Method™](#) and [Safety through Skills First Approach](#) into their practice for use at schools with tamariki, whānau and teachers. The SWiS team were also provided with tools and resources to use in their work with tamariki including:

- Kidpower Manuals for all Primary SWiS Workers
- TeenPower Manuals for all Year 7 and 8 and College SWiS Workers
- A complete set of classroom/office safety posters
- Lanyards to be worn, to encourage the powers when working with tamariki
- Starting Strong and TeenPower Independence and Healthy Relationships Online Learning Centre Courses

Evaluations with the SWiS Team

Teacher Workshop Evaluation Summary (Agree & Strongly Agree)



Comments:

- This was such an amazing and empowering workshop to be a part of. It was interactive, fun and informative. Loved that it explained being safe in a simple way for young people. Kathy was amazing and approachable.

- Such an awesome and detailed active training that taught us proactive tools to use and teach our children and families we work with.
- Really great info shared simply and super interactive. Pitched well for our team. We really appreciate y'all.
- I loved this workshop! Kathy was an engaging, knowledgeable facilitator who was keen to assist with effective strategies for intervention.
- Awesome training! Kathy was knowledgeable and engaging. The tools were simple but effective. Thoroughly enjoyed it and will be taking this learning back into my school but also my home with my kids. Thank you!
- Very interactive sessions. Perfect break times. Very lively session and this was set by the facilitator. Simple examples but very effective.
- Really fun and engaging sessions - helpful and relevant content - feel like I can still learn a lot more skills so keen to do more PD in the future.
- Really well presented. Lots of movement which was great. Strengths based practice! Positive Practice.

The work we did with the SWiS resulted in a number of new schools onboarding to run the programme and develop common language and strategies for keeping students and the wider school community safer.

Delivery

We have delivered to the following organisations and schools:

- Manurewa South School
- Rosehill Special School - Greenmeadows Intermediate
- Rosehill Special School - Papakura High School
- Kereru Park School
- Orewa SPED
- Ko Tako Reo - Kelston
- Orere Point School
- Arai Roa Mannaki
- Waiheke Primary School
- Waiheke High School

Unfortunately to date we haven't been able to secure dates for Northcross Intermediate and Te Pā Auckland (focuses on People at Risk Solutions for vulnerable Māori and whānau and falls under the umbrella of Whānau Resilience Kaiwhakamana - delivering to a small high-risk group of up to aged 11).

Through these groups we have reached 85 adults and 558 tamariki and rangatahi in vulnerable communities. These numbers are lower than expected due to the impacts on Covid, schools availability for sessions and that we focused on high need and vulnerable groups of disabled tamariki and rangatahi.

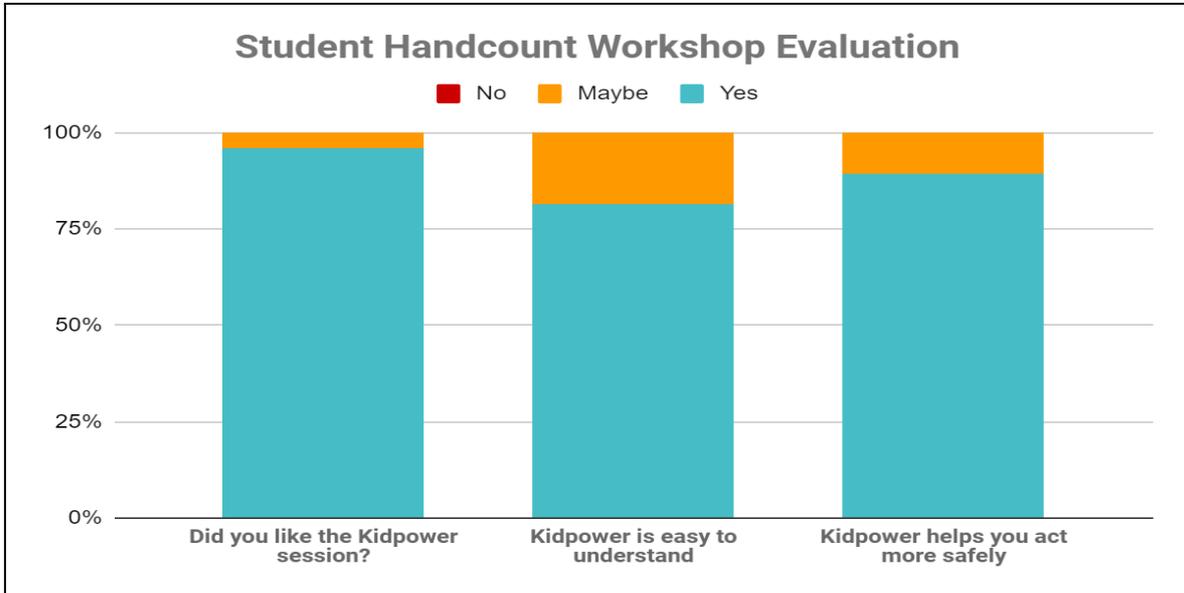
Workshops for teachers and parent, caregivers and other caring adults included:

- Skills First Approach
- Sample Powers
- Kidpower and Teenpower Demo's
- Safety Promise
- Consent and Safe Touch Activities/Ideas
- Staff Practice
- Questions, Materials Preferred and Evaluations

The feedback from teachers and parents/caregivers

- Great to put everything into practice and have discussions
- A good recap of knowledge and practices. Useful tools and skills. Good fun and role playing!
- The highlight moment for me was the use of language. Getting the child/youth to practise being calm and know what to say and how to say it!
- Very useful activities and practical application. The Scenarios - power of words. 4 Rules of Consent and saying NO!
- Having been an adult tutor for many years, Kathy is an excellent and enthusiastic tutor. I learned a lot of new and useful strategies.
- This program was very engaging - the students' participation and co-operation was effectively seen.
- The instructor was: Friendly, Kind and Strong Delivery
- Was a very interesting programme. Students were well engaged.
- The use of the cards shown will benefit the tamariki.
- They were good role models.
- Lovely interactive workshop. The children were engaged and came away with essential skills to keep themselves safe.
- Wonderful and positive way to encourage personal safety skills including vocab
- Love the stand up power, heart power, fence power, rubbish bin power
- Very practical. All powers acted out and re-capped.
- Good management strategies
- Programme links with values and 1YT
- Skillful adaptation from a younger Y7 to older Y8 students.
- I will try and use the same positive powers in my future teaching and encourage my students to use them too. Something new is always inspiring and encouraging.
- Scott was fun, understood children well and communicated important messages clearly
- Scott used his teaching skills to establish rapport and control in the class very effectively. Students in turn, responded positively to him. The workshop is similar to other programs and reinforces safe actions for kids.

Feedback from students



- Learned how to say stop to keep myself safe
- To say stop
- I don't like it
- To stop
- How to look after yourself
- It was fun
- They were ROCKSTARS.
- It's great to learn new words
- They were amazing

kidpower Orere School

Name: Sadie
Age: 10

Please write down or draw what you learnt about Kidpower:

delete button

retard

upstander

words

LEAVE HIM ALONE

I learnt to use my delete button to throw mean words away

I learnt how to be an upstander not a bystander.

and to put the good words in our heart

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Name: Katie
Age: 8

Write or draw something you learnt from Kidpower or Teenpower

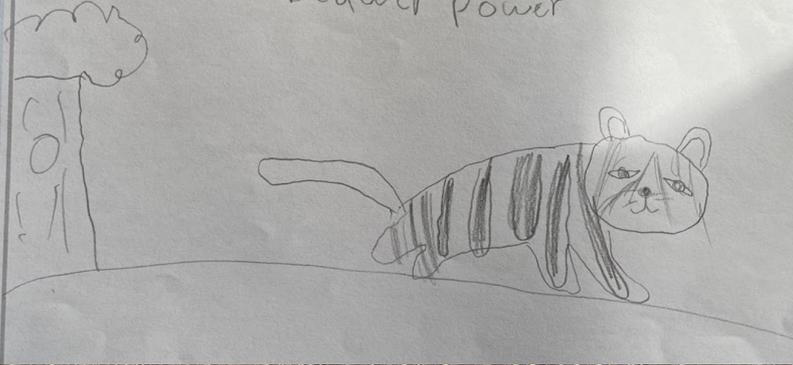
Write down some Powers you will use

Fence Power


Voice Power


cat get help Power


beaver power



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Name: Natalyia
Age: 6

Write or draw something you learnt from Kidpower or Teenpower

Write down some Powers you will use

Fence

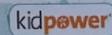
Heart

Body



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